

The Maintainable Keep For The Royal Family

From The Desk Her Royal Majesty

Queen Laura L. Gardner



*The Specifics Of My AAA+ Five Dimond Star Personal Keep:*

***The Monthly Personal Handling***

1. *The Laundry Thoroughly Washed, Rinsed, Scented, Dried, Folded & Packed Away. The Clothes, Shoes, Socks, Stockings, Hats.*
2. *The Toenails & Fingernails Soaked, Neatly Cut, Filed, Oiled & Polished, Or French Manicure.*

***The Weekly Personal Handling***

1. *Shampoo, Condition, Rinse, & Towel Dry The Hair For The Right Percentage Of Essential Oils.*
2. *Cleaning & Sanitizing Over The Eyes, Within The Ears & Nose.*
3. *Bathed In Scented Bubble Bath For An Hour Relaxing Soak.*
4. *Deep Tissue Massage With Heated Vibrating Traction.*

***The Bi-Weekly Personal Handling***

1. *Change Clothes, Socks, Sleeping Hair Wrap & Clean Shoes*

***The Daily Personal Handling***

1. *Showering In Intoxicating Body Wash, Cleaning, Tightening, & Sanitizing, Rinsing, Everywhere Thoroughly, Every Pore, & Washing Toenails & Fingernails.*
2. *Washing The Face & Ears, Cleaning, Tightening, & Sanitizing, Rinsing, Everywhere Thoroughly, Every Pore.*
3. *Optic Brushing The Teeth, Flossing & Gargle With Mouth Wash & Rinsing.*
4. *Properly Drying Everywhere In & Out Even Integers.*
5. *Lotion That Heals The Skin Everywhere On The Body & Oil The Toenails & Fingernails.*
6. *Emollients On The Face & Neck For Clean, Soft & Smooth.*
7. *Deodorant & Body Spray Under The Arms & Integers.*
8. *Getting Dressed For The Day, Then Getting Dressed In Pajamas At Night.*
9. *Detangling The Hair With A Detangling Brush, Comb, Hairstyling Cream, Brush Through The Hair and Styling. Silk Satin Night Cap Before Sleep.*
10. *Favorite Perfume In The Daytime & Nighttime.*

**Queen Laura Gardner Alexander**

